

**Careers@Keswick: Friday 8<sup>th</sup> March 2024**

Hi everyone,

Hot on the heels of National Apprenticeship Week, comes National Careers Week which started on Monday.



Careers is something that Keswick School takes very seriously ALL year round, from Year 7 to Year 13. However, we do dedicate some time this week to highlight its importance.

As Careers Lead in school I address every year group on a particular theme or subject. Past assemblies have been about “Gender Stereotyping”, “It’s Not What You Know”, “Joining the Dots”, “Careers Resilience” and “Belief in Yourself”.

This year it is entitled “Unemployability Skills” and it has focussed on 3 that staff member, employers, and perhaps you as parents, find frustrating: flakiness, the shoulder shrug, and burying one’s head in the sand.

Years 7 and 8 will take part in the Staff Careers Treasure Hunt, where they try to match the staff member to the careers story by asking them questions. With varied stories from (accidentally!) kicking the Prime Minister in the knee, to being held up by gunpoint in a bank; from working as a stop/go traffic sign, to being chauffeured to work by Dennis in a Daimler Jaguar, to being complimented by Dec (as in “Ant and Dec”) for her tea-making skills; from being a giraffe keeper, to dressing up as a giant parrot; our staff have done very interesting things before coming to work at Keswick School.

In addition, Year 7, 8 and 9 have been talking to their Year 13 Form Prefects about their careers journey through school in their Futures Friday session today.

All of the information in this bulletin has already been sent out to the relevant students, so please encourage your daughter/son to regularly (daily for Years 10 – 13’s!) check their school Google emails.

Don’t forget to head over to the school website for further careers information:

<https://www.keswick.cumbria.sch.uk/careers-education>

All the past term’s Careers Bulletins are there, as well as a special Parents’ section. If you feel it is missing anything, pop me an email and I will get onto it.

I can be contacted on [melanieavery@keswick.cumbria.sch.uk](mailto:melanieavery@keswick.cumbria.sch.uk) if you have any further questions.

### **The Parents’ Guide to NCW 2024 (Parents)**

National Careers Week 2024 - #NCW2024

National Careers Week provides a focus for careers guidance, at an important time in the academic year, helping support young people by bringing together students, employers and advisers through careers events and free resources.

National Careers Week is a great opportunity for parents to get familiar with routes their teens can take into the workplace, no matter how their teen learns best.

In partnership with National Careers Week, *The Parents' Guide* have created **The Parents' Guide to National Careers Week**: a free guide outlining vocational options after GCSE and sixth form, how your teen can find great opportunities and where they might lead. Click below to download your free guide now.  
<https://www.theparentsguideto.co.uk/whats-next>

### **Cumberland and Westmoreland & Furness Council Apprenticeships (Years 11 – 13)**

These apprenticeships are now LIVE!

Vacancies in Cumberland Council and Westmorland and Furness Council include Customer Service, Highways Maintenance Skilled Operative, Adult Care Worker, Civil Engineering Technician, Business Administrator, Assistant Accountant, Installation Electrician and Project Management in a range of different teams. Vacancies will all be open until **Sunday 24<sup>th</sup> March 2024**. Please find attached an Apprenticeship Recruitment Poster

Applicants can apply online via their apprenticeship website: [cumbriaapprenticeships.org.uk](http://cumbriaapprenticeships.org.uk)

### **Aerospace Residential Opportunity (Year 9)**

Please see the below link to the RAF Summer Time Advance Aerospace Residential programme for Year 9s to help them excel in STEM with a week residential hosted at Royal Air Force Museum Midlands

This free experience is open to all students interested in aerospace science and is open to the nation!

<https://www.rafmuseum.org.uk/midlands/schools-and-colleges/staar/>

### **Newcastle University and Teens in AI Techathon (Years 7 – 13)**

*Teens in AI is excited to announce that the IWD2024 Global Techathon is coming to Newcastle, United Kingdom! We're hosting a 2-day techathon at the incredible **Newcastle University**, and you're invited!*

**Join us for an exciting weekend of fun and innovation!**

*Are you a teenager curious about the incredible world of AI, but not sure how to get started in this exciting field?*

**WHEN:** 16-17 March

**WHERE:** Newcastle University, United Kingdom

**WHO:** Teenagers aged 12-18

**COST:** Free

*Join us for a fun weekend where you will learn the basics of AI and discover how AI and technology can change the world for the better. Put your new skills into practice, work with other teens like you, and prototype a hackathon challenge inspired by the UN Sustainable Development Goals.*

Use this link to register: [https://docs.google.com/forms/d/e/1FAIpQLSehp\\_GNLotMPx9\\_zFzBrZzmGL-8XXf\\_y9LWDY3ps1VaOoodw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSehp_GNLotMPx9_zFzBrZzmGL-8XXf_y9LWDY3ps1VaOoodw/viewform)

### **Armstrong Watson Accountancy Apprenticeships (Year 13)**

Armstrong Watson have Accountancy Apprenticeship places in Carlisle, Penrith & Cockermouth.

Applications are open now for September 2024 and close on the **1st of April**.

<https://www.armstrongwatson.co.uk/careers/school-and-college-leavers>

### **Grant Turner Accountancy Apprenticeship (Year 13)**

This is a message from a former governor at school:

*The school leaver programme for September 2024 is now open and we are very keen to reach out to local candidates for our Carlisle office.*

*The link to the careers website is here: [Trainee Careers \(myworkdayjobs.com\)](http://Trainee Careers (myworkdayjobs.com))*

### **Virtual Insight into University (Years 11 – 12)**

This course is a comprehensive virtual experience allowing students to explore STEM studies at university and the career opportunities that these subjects can lead to. It will also give students access to information on student life, STEM projects and activities set by leading UK universities and global STEM companies, first year undergraduate lectures, live interactive sessions with academics, admissions tutors, employers and current students.

The course will run during the period **1<sup>st</sup> July – 23<sup>rd</sup> August 2024** and can be completed flexibly to fit around other commitments. On completion of the course which involves 30hrs of study, students will receive a **Silver Industrial Cadets Award**.

\*There is a fee of £95 to access this course but **bursaries are available for eligible students eg. those who are in receipt of Free School Meals, Pupil Premium etc**

<https://www.etrust.org.uk/insight-into-university>

### **FREE Veterinary Online MOOC (Years 10? – 13)**

The University of Nottingham has shared information about a free 'Virtual Work Experience and Exploring the Veterinary Profession' MOOC (massive open online course) run through Futurelearn

This is a 2-week online course designed to give students an insight into the reality of life as a vet so that they can make an informed decision before embarking on a veterinary degree course. The course has a time limited access option that is free for students to use.

<https://www.futurelearn.com/courses/vet-school-application-support>

### **Online Careers Days (Years 8 – 13)**

[www.careersdays.co.uk](http://www.careersdays.co.uk)

The career days are designed to give students an insight into possible future careers with advice on how to apply to university and an afternoon session of work experience to help them see what the career may be like. Students will receive a certificate confirming their work experience. The schedule is as follows:

Medicine Career Day - Saturday 30th March 2024

Midwifery Career Day - Saturday 6th April 2024

Dentistry Career Day - Sunday 7th April 2024

Psychology Career Day - Saturday 20th April 2024

Business Career Day - Saturday 27th April 2024

Architect Career Day - Saturday 4th May 2024

Vet Career Day - Saturday 11th May 2024

Law Career Day - Sunday 18th May 2024

Performing Arts Career Day - Sunday 19th May 2024

Computer Science Career Day - Saturday 25th May 2024

Teaching Career Day - Saturday 1st June 2024

There is a cost for these days.

### **From Last Newsletter**

#### **Lakes College Apprenticeship Academy Information (Years 11 – 13)**

Lakes College Apprenticeship Academy has been created with apprentices and local employers in mind - upon applying you will be invited to an assessment centre where you will be offered CV writing and interview support, as well as a discussion about the best apprenticeship available to you.

### **System People Apprenticeships**

Local education apprenticeships in Early Years and Teaching Assistant

<https://www.system-people.co.uk/for-candidates/how-we-help/apprenticeships/>

## **Gen2 Apprenticeship Open Evenings**

### **April / May 2024**

- Carlisle Open Evening 30th April 2024
- Lillyhall (Workington) Open Evening 1st May 2024
- Ulverston Open Evening 2nd May 2024

Of particular interest to parents may be the Step in2 Apprenticeships one-year programme run by Gen2 for those students who are unsuccessful in an apprenticeship application this time round.

## **Rate My Apprenticeships Guide for Students 2024 (Years 10 – 13)**

The new *Guide to Careers Options 2024* booklets have arrived in school. I have a number of copies. If you or your son/daughter would like one, send them to my office in school to collect one.

Inside you will find career options, application advice and the *100 Best Apprenticeship Employers* in the UK.

## **BAE Systems Apprenticeships (Years 11 – 13)**

Apprenticeships with BAE Systems provide opportunities to work with cutting-edge technology and engineering, from making submarines invisible and protecting marine life, to sending satellites into space. Explore UK-wide opportunities in engineering, business, technology, and manufacturing today.

These apprenticeships close at the end of February.

Follow the link for more information:

<https://www.baesystems.com/en/careers/careers-in-the-uk/apprenticeships>

## **College and Apprenticeship Upcoming Open Evenings**

Lakes College                      **Wednesday June 12th**

Carlisle College                  **Tuesday March 12<sup>th</sup>, Thursday 2<sup>nd</sup> May, Thursday June 27<sup>th</sup>, Thursday July 4<sup>th</sup>  
(Quiet), Thursday August 22<sup>nd</sup>.**

### **Kendal College**

The next college open day is **Tuesday 16<sup>th</sup> April 4.30 – 7.30pm.**

Follow this link for more information.

<https://3w0oo.r.bh.d.sendibt3.com/mk/mr/sh/6rqj8H0EanKJI9MV6dOCyuz4Tje/xVSBCCWrzPbh>

### **Gen2 April / May 2024**

- Carlisle Open Evening **30th April 2024**
- Lillyhall (Workington) Open Evening **1st May 2024**
- Ulverston Open Evening **2nd May 2024**

## **New Law Guides for Students (Years 10 – 13)**

I have received the new *Beginners Guide to a Career in Law 2024* and the *Law Apprenticeship Guide 2024* booklets.

Send your son/daughter to collect a copy from my office if you/they are interested.

## **Norland Nannies Open Day (Years 12 & 13)**

Norland welcome students with their families and supporters to their open day on **Saturday 18 May.**

This is an opportunity to meet staff and students, learn more about their **BA (Hons) Early Childhood Education and Care degree** and **Norland diploma course**, as well as explore the beautiful city of Bath.

## **Premed Projects Medical Opportunities (Years 10 – 13)**

### **1 & 2 week Projects Summer 2024**

Students will spend time **shadowing doctors** in their day-to-day work on a fully-supervised hospital placement. Students will also have the benefit of clinical teaching, safe and secure accommodation, food, transfers, local orientations, 24/7 support from our staff teams and lots of help with preparations for their trip too.

**30th June - 13th July 2024**

**14th July - 20th July 2024**

**21st July - 3rd August 2024**

**4th August - 10th August 2024**

**11th August - 17th August 2024**

Students can find more information at [www.premedprojects.co.uk](http://www.premedprojects.co.uk).

### **Rate My Apprenticeship Parents Hub (Parents)**

- Advice on all things apprenticeships
- Application advice - craft an effective CV, ace interviews and pass psychometric tests
- Student success stories - Real-life apprentices share their stories
- Apprenticeship employers tables from Apple to Sky, Vodafone to Barclays.

<https://parents.ratemyapprenticeship.co.uk/>

Here is the link to their Parents' Apprenticeship Guide

[https://d3d2prueitotgu.cloudfront.net/Parent%20Guide%202023%20%281%29%20%283%29.pdf?dm\\_i=30Z2,1F97N,84Z9TB,5MQF1,0](https://d3d2prueitotgu.cloudfront.net/Parent%20Guide%202023%20%281%29%20%283%29.pdf?dm_i=30Z2,1F97N,84Z9TB,5MQF1,0)

### **Latest Parent Apprenticeship Guides (Parents)**

Visit the link below to download the *January 2024 Parent Apprenticeship Pack*.

<https://www.apprenticeships.gov.uk/influencers/resources-for-parents>

### **The Amazing Apprenticeship Parent Perspective (Parents)**

<https://amazingapprenticeships.com/the-parent-perspective-podcast/>

### **From the last bulletin...**

#### **New Martin Lewis Podcast on University Fees (Parents and Year 11 – 13 students)**

Martin Lewis has released a new podcast on BBC Sounds about the new university fees.

<https://www.bbc.co.uk/sounds/play/p0fz54f9> Uni costs to increase 50% – Everything you need to know

#### **Medicine, Vet and Dentistry FREE virtual Work Experience (Years 10 – 12)**

<https://wexlibrary.yourmedicfamily.org/courses/>

A new work experience session is released every month, and students receive a work experience certificate once they complete the course to add to their UCAS applications. To access these sessions, students just need to create a free student portal if they have not done so already.

Students have the entire month to complete the session, before the next free session is released.

### **Exclusive Parents' Guide Website (Parents)**

As a parent or carer, you know that the decisions your children make at sixteen and eighteen have a significant impact on their future success and happiness and you want to help them make the right choices. *Parents' Guides* guides are written for parents to help you understand all your children's options so you can give them the right advice at the right time.

<https://www.theparentsguideto.co.uk/>

### **Uni Taster Days Parents University Guide (Parents)**

The UniTasterDays *Parents' Guide to University* has been released. Editorial has been provided by over 40 colleagues at universities and schools and colleges throughout the UK, on topics including student finance, university applications, university events, student wellbeing and more.

<https://www.unitasterdays.com/parents/>

## **Other:**

### **Gresham College's Free Public Lectures (Years 10 – 13)**

Gresham College's free hybrid public lectures (running since 1597) are delivered by world-leading professors in the arts and sciences, including Professors Chris Whitty (Medicine), Sarah Hart (Maths) Leslie Thomas QC (Law) and Edith Hall (Classics).

For students they are a resource for developing subject knowledge and skills, careers advice, EPQ projects and UCAS statements. There is a searchable back catalogue of 2,500+ free digital lectures on their website ordered by school subject at <https://www.gresham.ac.uk/schools> .

### **Explore (Years 7 – 13)**

**Explore** is a digital resource from the University of Oxford. As the 'Home of Big Questions', it aims to challenge those from 11 to 18 years with debates and ideas that go beyond what is covered in the classroom. Big questions tackle complex ideas across a wide range of subjects and reflect the kind of critical thinking students undertake at university.

Their goal is to raise aspirations, promote broader thinking and encourage intellectual curiosity, so everything you see is underpinned by the latest discoveries and research from the University of Oxford. Follow the link: <https://explore.org/>

### **Assurance Careers at EY (Years 9 – 13? And Parents)**

EY has an interactive digital platform available for students and parents to play in and explore. Discover immersive adventure zones and explore all the benefits of an Assurance career with EY. Get a taste for the journey in EY open zones and earn EY career badges — and when new zones are unlocked, pop back to collect even more.

## **Work Experience:**

### **PathwayCTM Programme (Years 9 – 13 and Parents!)**

Find out more about the programme by watching this video: <https://youtu.be/oava9iJcQjk>

**Students** sign up here: <https://pathwayctm.com/register/>

They also run events for **parents**, so sign up to their Parent newsletter: <https://pathwayctm.com/parents/>

Check out the video library for recordings of past events on a variety of subjects.

<https://pathwayctm.com/video-library/>

### **Springpod Work Experience, Taster Days and Broadcasts: (Years 11 – 13)**

<https://www.springpod.co.uk/virtual-work-experience-programmes>

<https://advice.springpod.com/series/learn-lounge>

### **Speakers for School Virtual Work Experience Programmes and Video Library (Years 10 – 13)**

<https://www.s4snextgen.org/>

<https://www.speakersforschools.org/inspiration/vtalks/vtalks-video-library/>