

Careers@Keswick: Monday 6th March 2023

Hi everyone,



Following hot on the heels of National Apprenticeship Week last month, today marks the beginning of National Careers Week (NCW) 2023, a one-week celebration of careers guidance in education across the UK.

Here at Keswick School careers is part of everything that we do throughout the whole year, not just during one week: as part of form times, in assemblies, in lessons, out on work experience. At all times students are honing, developing and refining those all-important employability skills. Everything your children does at school is geared around us getting them ready to leave us. Even our motto, *Levavi Oculos*, encourages them to aim high and be the best they can be.

See below for the events happening in school this year.

Happy National Careers Week!

All of the information in this bulletin has already been sent out to the relevant students, so please encourage your daughter/son to regularly (daily for Years 10 – 13's!) check their school Google emails.

Don't forget to head over to the school website for further careers information:

<https://www.keswick.cumbria.sch.uk/careers-education>

All the past term's Careers Bulletins are there, as well as a special Parents' section. If you feel it is missing anything, pop me an email and I will get onto it.

I can be contacted on melanieavery@keswick.cumbria.sch.uk if you have any further questions.

National Careers Week 2023 (All students and parents)

As part of NCW 2023, I have been addressing all year groups in assemblies. This year I have chosen to focus on *belief* in themselves.

All Year 7 and 8 students will be introduced to the ***Staff Careers Treasure Hunt*** competition where they have to match the careers story with the relevant member of staff.

Futures Friday this week for Years 7 and 8 will focus on careers journeys, and students will be able to question their careers prefects, who are in Year 13, on their own journeys through school and how they got to the point they are now as they enter their last few months of their time at Keswick School. (Year 9 will get this session later in the half-term).

Head across to <https://nationalcareersweek.com/> for further information and ways for you and your children to take part.

Please see attached:

The Parents Guide to NCW 2023

The Absolutely Huge Careers Download Edition 11

The Aspire Guide to University, Further Education and Careers 2022 - 23

Keswick School Year 9 Careers Day (Year 9)

Year 9 Careers Day is fast approaching (**Tuesday 14th March**) when all Year 9 students will be off timetable taking part in their first big careers event. Over the day all students will take part in 6 different sessions covering university, meeting employers, training providers and colleges, decision making, post-16 options, employability skills, researching, and looking ahead to the future.

One of the sessions is called “Meet the Employer” when we have colleges, training providers and employers in the Gym, ready to meet and talk with students in pairs (or very bravely in ones!) for 6 – 7 minutes at a time about their business or organisation. It is getting harder and harder to recruit employers/apprentices/employees to come in to chat to our students, so if **you, or someone you know**, would be willing to give up half or a whole day, please email me directly for further information as soon as possible. I am trying to recruit people from a wide range of sectors so our students can get a real insight to the different opportunities available to them. There will be lunch and refreshments provided.

melanieavery@keswick.cumbria.sch.uk

Exclusive Parents’ Guide Website (Parents)

As a parent or carer, you know that the decisions your children make at sixteen and eighteen have a significant impact on their future success and happiness and you want to help them make the right choices. **Parents’ Guides** guides are written for parents to help you understand all your children’s options so you can give them the right advice at the right time.

<https://www.theparentsguideto.co.uk/>

University of Central Lancashire Upcoming Veterinary and Bio-Veterinary Events and Links: (Year 11 – 12)

Wednesday 3 May 2023 – Discover Bio-veterinary Sciences

<https://www.uclan.ac.uk/events/listing/discover-bioveterinary-sciences>

Wednesday 5 July 2023 – Veterinary Medicine Application Top Tips

<https://www.uclan.ac.uk/events/listing/veterinary-medicine-application-top-tips>

Wednesday 13 September 2023 - Veterinary Medicine Application Top Tips

<https://www.uclan.ac.uk/events/listing/veterinary-medicine-application-top-tips-1>

Veterinary Medicine and Bio-veterinary Sciences Open Day scheduled on Saturday 2nd September 2023. The link is now live and available for students to book on the Open

Day <https://www.uclan.ac.uk/open-days> .

Vet course pages, subject page and school page <https://www.uclan.ac.uk/schools/veterinary-medicine>

Sadler Wells National Youth Dance Company

National Youth Dance Company holds free workshops every year to meet hundreds of young dancers and give a taste of what life is like as part of the company. They also use them to recruit their new company members.

NYDC celebrates diversity. Their workshops welcome disabled and non-disabled dancers from all backgrounds, dance styles and levels of experience and are designed to ensure that each individual can take away something new from their time with them.

FREE workshops will be running across the country and online from April – July 2023, and a final audition at Sadler’s Wells at the end of July.

The first step to joining the company is attending a workshop (either in person or online).

<https://nydc.org.uk/how-to-join-nydc-2/>

Apprenticeships with the Metropolitan Police

As one of the UK's biggest police services, the Met are seeking individuals from a range of backgrounds with the right values to join as a Police Constable through its exciting apprenticeship programme.

Joining the Police Constable Degree Apprenticeship (PCDA) means apprentices will be a paid police officer from day one, learning whilst earning a starting salary of £33,500 (including generous allowances) as well as a fully funded BSc (Hons) degree in Professional Policing Practice on completion of the three year programme.

https://amazingapprenticeships.com/met/?utm_source=email&utm_medium=landing+pg&utm_campaign=met

Careers in International Affairs Forum

The Career in International Affairs Forum is an annual gathering that offers a space for students, grads, and young professionals to discover career prospects in the international affairs and diplomacy arena.

Participants gain valuable insights from leading organisations and explore various career paths, including the desired skills and qualifications sought by employers. The event provides attendees with first-hand information on potential career opportunities and expert advice on how to thrive in the field.

The Careers Covered in the Forum

- A Career in the Foreign Service
- A Career in Parliament
- A Career in International Organisations
- A Career in Think Tanks
- A Career Working in a UN Agency
- A Career in the Humanitarian Sector
- A Career in the Diplomatic Sector

<https://www.gdforum.org/career-in-international-affairs-forum?>

Oxbridge Resources (Years 10 – 13)

I have a couple of books in my office for students to borrow should they be interested in finding out more about applying to Oxford or Cambridge.

Students should drop by my office if they are interested.

Skiing and Snowboard Internship Opportunities

Educating Adventures Ski and Snowboard Instructor Internship Opportunities

Instructor internships starting in November/December 2023 are now open for applications.

On the instructor internship students will receive expert training, gain their Level 1 ski or snowboard instructor qualification, and get a guaranteed paid job offer with the ski school of their choice.

Course Inclusions:

- Expert instructor training
- A guaranteed paid job offer as an instructor
- Accommodation
- Internationally recognised qualifications

The instructor internship has been in operation for more than 15 years and students have 27 destinations to choose from across 5 different countries. With a 99% pass rate maintained each season AND the

guaranteed job offer, it is a great career pathway program.

Contact Eryn Cutler, Managing Director, for more details:

E: sstraining@educatingadventures.com

W: www.easkiandsnowboard.com

From the Last Bulletin:

Upcoming College Open Days: (Years 10 – 11)

Kendal College Tuesday, 14th March, 4pm - 7.30pm

Carlisle College Thursday 23rd March, 4pm - 6:30pm

Agriculture:

Kendal College, Hope's Auction, Wigton:

Monday 24th April, 5pm – 7pm

Myerscough College, Penrith campus

Saturday 1st April 10am – 12pm

Police Cadets: (Years 8 - 12)

Recruitment for Police Cadets will be opening **on 3rd April 2023**

Information about Police Cadets:

- The scheme is open to all children aged 13 – 17 years
- It gives young people the opportunity to develop their qualities and skills through a structured programme and to enhance the relationship between the public and police.
- Cumbria Police Cadets come from all of our diverse communities, irrespective of their background or financial circumstances, and including those vulnerable to crime or social exclusion.
- Cadets will be trained by police officers, staff and Police Support Volunteers. Cadets will learn about the law and the specialist police departments as well as taking part in drills and inspections. Cadets take part in neighbourhood policing initiatives, plus community activities and events.

Cadet Locations

Cadets are held at the following locations during term time only between 18:00- 20:00hrs:

Kendal – Monday evening

Barrow – Tuesday evenings

Workington – Tuesday evenings

Penrith - Wednesday evenings

Carlisle – Thursday evenings

Further information can be found on their website:

<https://www.cumbria.police.uk/careers/volunteers/cumbria-police-cadets>

To assist young people with making the decision on whether they want to become a police cadet, recruitment evenings will be held on the below dates, from 1800 – 2000 hours, designed as a drop in session.

Monday 20th March – Kendal Cadets @ Kendal Police Station

Tuesday 21st March – Barrow Cadets @ Barrow Police Station

Tuesday 21st March – Workington Cadets @ Workington Police Station

Wednesday 22nd March – Penrith Cadets @ HQ

Thursday 23rd March – Carlisle Cadets @ Carlisle Police Station

These evenings are open to any child aged 13-17 years who is interested in joining cadets. Children must attend with a parent/guardian and complete a registration form before attending (this is to help manage numbers). The registration link can be found below - <https://forms.office.com/Pages/ResponsePage.aspx?id=LUGmfoeoQkmVHM1yKCexGnqITH3fSM1CuS56OHCs7U9UODZBVUdJTDZBMIVWMIhHVkY0M0RPQJGNCQIQCN0PWcu> alternatively an email can be sent to policecadets@cumbria.police.uk

Kendal College Job and Careers Fair (Years 10 – 13)

Thursday 9th March 10am-5pm

Kendal Town Hall

Kendal College are partnering with Cumbria Tourism, Inspira, JobCentre+ and LOCALIQ to bring together 50+ employers, universities and organisations at Kendal Town Hall.

Students can:

- Interact with local and national employers, universities, and organisations
- Experience the wide variety of opportunities available locally to young people
- Explore future careers

www.kendal.ac.uk/visit

John Hopkins University Global Health Leaders Conference (Years 10 – 13)

Please see below for an interesting opportunity to apply to attend a virtual Global Health Leaders summer conference through John Hopkins University, Baltimore, Maryland.

Students who are interested in global health and medicine are invited to apply for their **2023 virtual summer program**.

Students from around the world learn about issues in global health, public health, and medicine through world-class lectures from leaders in these fields, develop connections with like-minded exceptional students, and share their own work and ideas on global health-related topics at the international scale. Featured speakers at their conference have included leading global health researchers, renowned professors, physicians, policy developers, and Nobel Prize winners. The purpose of the program is to reach passionate students of all backgrounds from around the world and develop the next generation of leaders in global health, public health, and medicine.

Apprenticeships:

BAE Systems Apprenticeships (Years 11 – 13)

Applications closing soon.

<https://www.baesystems.com/en/careers/careers-in-the-uk/apprenticeships>

Lakes College Apprenticeship Academy (Years 11 – 13)

Last Friday Lakes College attended an opt-in assembly for Year 11- 13 students interested in finding out more about their new Apprenticeship Academy. All students have been emailed the powerpoint.

<https://www.lcwc.ac.uk/courses/apprenticeship-academy/>

Career Days Virtual Work Experience Days (Years 10 – 12)

Upcoming Career Day career and work experience virtual days taking place online over the next few months.

Dentistry Career Day - Saturday 18th March 2023

Medicine Career Day - Sunday 26th March 2023

Midwifery Career Day - Saturday 1st April 2023

Psychology Career Day - Saturday 8th April 2023

Business Career Day - Saturday 15th April 2023

Architect Career Day - Saturday 22nd April 2023

Vet Career Day - Saturday 29th April 2023

Law Career Day - Saturday 6th May 2023

Computer Science Career Day - Saturday 20th May 2023

Performing Arts Career Day - Saturday 27th May 2023

Students can visit www.careerdays.co.uk to join a session in their field of interest and will receive a certificate at the end of the day confirming their work experience.

There is a cost for these days.

Workshops in Tech, Science and Finance (Years 10 – 13)

Please see below for Skills Gap small-group online workshops which are 3.5 hours long and cover everything from the basics of AI, hacking or coding, to the unique job opportunities in each sector.

Students will also get a chance to try a hands-on practical exercise, and put questions to a panel of industry experts. There is a cost for these.

Robotics in Space

Saturday, 11 Mar 2023

From exploring the surface of Mars to sizing-up metallic asteroids, the race is on to unlock the mysteries of the universe and answer our planet's biggest challenges. Taught online by robotics experts, this workshop gives a fascinating insight into today's space industry. Take part in a hands-on exercise to design an autonomous robotic lander to explore Europa and get career tips and advice to get ahead.

AI in Medicine

Saturday, 11 Mar 2023

Medicine is on the verge of an Artificial Intelligence revolution – from pioneering surgeries to algorithms that predict future health issues. Our workshop is delivered online by med-tech experts, and will introduce you to key AI trends in medicine, its influence on global healthcare, and the tech skills you need to get ahead. You'll also take part in an exciting hands-on diagnostic exercise using AI modelling tools.

For further information and to register for any of the events, please visit www.skillsgap.tech.

There is a cost for these.

Parents:

Parent Apprenticeship Guides December 2022 (Parents)

Please follow the link to get the latest apprenticeship information pack for parents

<https://www.apprenticeships.gov.uk/influencers/resources-for-parents#>

Uni Taster Days Parents University Guide (Parents)

The UniTasterDays ***Parents' Guide to University*** has been released. Editorial has been provided by over 40 colleagues at universities and schools and colleges throughout the UK, on topics including student finance, university applications, university events, student wellbeing and more.

<https://www.unitasterdays.com/parents/>

Gresham College's Free Public Lectures (Years 10 – 13)

Gresham College's free hybrid public lectures (running since 1597) are delivered by world-leading professors in the arts and sciences, including Professors Chris Whitty (Medicine), Sarah Hart (Maths) Leslie Thomas QC (Law) and Edith Hall (Classics).

For students they are a resource for developing subject knowledge and skills, careers advice, EPQ projects and UCAS statements. There is a searchable back catalogue of 2,500+ free digital lectures on their website ordered by school subject at <https://www.gresham.ac.uk/schools> .

Oxpire (Years 7 – 13)

Oxpire is a digital resource from the University of Oxford. As the 'Home of Big Questions', it aims to challenge those from 11 to 18 years with debates and ideas that go beyond what is covered in the classroom. Big questions tackle complex ideas across a wide range of subjects and reflect the kind of critical thinking students undertake at university.

Their goal is to raise aspirations, promote broader thinking and encourage intellectual curiosity, so everything you see is underpinned by the latest discoveries and research from the University of Oxford.

Follow the link: <https://oxpire.org/>

PathwayCTM Programme (Years 9 – 13 and Parents!)

Find out more about the programme by watching this video: <https://youtu.be/oava9iJcQjk>

Students sign up here: <https://pathwayctm.com/register/>

They also run events for **parents**, so sign up to their Parent newsletter: <https://pathwayctm.com/parents/>

Check out the video library for recordings of past events on a variety of subjects.

<https://pathwayctm.com/video-library/>

Springpod Work Experience, Taster Days and Broadcasts: (Years 11 – 13)

<https://www.springpod.co.uk/virtual-work-experience-programmes>

<https://advice.springpod.com/series/learn-lounge>

Speakers for School Virtual Work Experience Programmes and Video Library (Years 10 – 13)

<https://www.s4snextgen.org/>

<https://www.speakersforschools.org/inspiration/vtalks/vtalks-video-library/>