

Year 10 CAREERS Curriculum Map

The careers curriculum is delivered through Personal Development lessons, Futures Friday (form time), assemblies, careers days, work experience and assemblies etc

	Essential knowledge (what students should <i>know and understand</i> by the end of the unit/topic)	Essential skills (what students should <i>be able to do</i> by the end of the unit/topic)	Key Vocabulary
By the end of Year 10 students ...	<ul style="list-style-type: none">• Understand how to write a letter of application, make a phone call, write a CV (WEX Booklet 1)• Understand Health and Safety implications, including safety of themselves and others and sexual harassment (PD session and WEX Booklet 2)• Know what the LLM and LMI are and how this affects them (PD2/PD3/PD4)	<ul style="list-style-type: none">• Can prepare, experience and evaluate a one-week work experience placement (June of academic year)• Can write a personal CV (PD1/PD2)• Can work in a group/pair to prepare, deliver and evaluate a Google Slides presentation about a Cumbrian business/es of their choice. (PD3/PD4)	<ul style="list-style-type: none">• Work experience• Curriculum vitae• Letter of application• Health and safety• Sexual harassment• Local labour market• Labour market information• Google Slides and relevant IT terminology (eg margins, tabs, font etc)• References/referees• Presentation skills• Work etiquette• Employability skills

Year 11 CAREERS Curriculum Map

	Essential knowledge (what students should <i>know and understand</i> by the end of the unit/topic)	Essential skills (what students should <i>be able to do</i> by the end of the unit/topic)	Key Vocabulary
By the end of Year 11 students ...	<ul style="list-style-type: none"> Understand the post-16 options, including 6th Form, college, apprenticeships, T Levels and the UTC (Y11CD and UTC assembly)) Recapped university as an option (Y11CD) Recapped goal setting and made new ones (PD1) Recapped decision-making and making informed choices (PD2) Recapped interview skills and situations (PD3) 	<ul style="list-style-type: none"> Participated in an Inspira 1:1 30 minute interview Taken part in 1 hour careers talks by local training providers/employers Had a mock interview on demand Attended Year 11 Careers Day Met with and talked to external employers/apprentices/alumni/training providers (Y11CD) Had a 20 minute 1:1 mock interview with feedback (Y11CD) Created a Unifrog account (Y11CD) Researched different websites (Y11CD) 	<ul style="list-style-type: none"> Careers interview Mock interview Group interview Post 16 options, including 6th Form, college, apprenticeship, T Levels and UTC Training provider Qualification levels Unifrog Goal setting Decision making Informed choice SFAD