



A LEVEL OCR H555	<h1 style="text-align: center;">PHYSICAL EDUCATION</h1>
SPECIFIC ENTRY REQUIREMENTS	<p>Grade 5 or above in PE if studied at GCSE level plus grade 5 in biology. If PE has not been studied at GCSE level, then two grade 6s or above in science, including biology, are required. It is also essential that any student who wants to choose A Level PE is already a regular performer in one competitive sport from the approved list beyond school level.</p>
COURSE CONTENT	<p>An A-Level PE student would be a well-motivated candidate with a keen interest in sport. The course looks at the theoretical aspects of sporting performance; this is where the main emphasis lies, with the remainder focused on the performance or coaching ability in one activity.</p> <p>Component 1: physiological factors affecting performance</p> <ul style="list-style-type: none"> 1.1 Applied anatomy and physiology 1.2 Exercise physiology 1.3 Biomechanics <p>Component 2: psychological factors affecting performance</p> <ul style="list-style-type: none"> 2.1 Skill acquisition 2.2 Sports psychology <p>Component 3: sociocultural issues in physical activity and sport</p> <ul style="list-style-type: none"> 3.1 Sport and society 3.2 Contemporary issues in physical activity and sport <p>Component 4: performance in physical education (non-examination assessment)</p> <ul style="list-style-type: none"> 4.1 Performance or coaching of an activity taken from the approved lists 4.2 The Evaluation and Analysis of Performance for Improvement (EAPI)
EXAMINATIONS AND ASSESSMENTS	<p>Written exams: 70% of final grade</p> <p>Non-exam assessment: 30% of final grade</p>
SKILLS, LINKS AND PROGRESSION	<p>The course takes a multidisciplinary approach, with the focus being the performer and the performance. A Level PE not only permits the 'good' sportsperson to gain credit for ability, but also allows academic and enthusiastic students to attain the highest grade.</p>
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