

Year 10 PERSONAL DEVELOPMENT Curriculum Map

Term	Topic/Unit title	Essential knowledge and skills <i>(what students should know, understand and be able to do by the end of the unit/topic)</i>
Autumn 1	British values: Valuing self and my place within the Community.	• Review values, rights and responsibilities within British values and what it contributes to personal identity • Consider what the concept 'liberty' means and then how to balance freedom with the Law (especially as students become more independent in KS4) • Debate if it is acceptable to protest within society • Define 'toxic culture' and the impact of it within communities • Know what incel culture is and terms used to describe this culture • Consider the negative impact of an incel culture • Learn what a public order offence is
Autumn 2	Living in the wider world: Careers and money matters	• Know that the job market changes due to economics, local needs and technology such as the development of AI • Create and develop CVs to show academic achievements, skills, attributes and enrichment activities • Investigate to what extent job stereotypes still exist and evaluate this • Signpost to a variety of career opportunities in different and diverse fields • Enhance budgeting skills • Consider issues around gambling addiction - including sextortion
Spring 1	Healthy relationships (RSE)	• Know the stages of a relationship including marriage, civil partnership • Review what relations values are in intimate relationships • Know that relationships can change to lead to separation

		and loss • Consider how relationships online can be managed including the impact of AI • Learn about AI, deepfake and pornography and how this can harm relationships
Spring 2	Health and puberty: physical and emotional	• Review the development of the male and female body and how this has an impact on fertility • Consider some challenges to fertility and how these can be managed e.g. IVF • Review sexual health: safer sex (RSE)* • Consider stages of pregnancy and choices • Know how to keep safe in an intimate relationship by being aware of signs of emotional abuse and also image based sexual abuse • Signposting for further information and support
Summer 1	Health and well-being: Keeping safe	• Consider what sexual and gender identity is • Review what emotional well-being warning signs are • Learn about how it is important to manage health care services and access services for further information • Explore how it is possible to approach new situations in anticipation of work experience
Summer 2	Health and well-being - keeping safe	• Learn about how to keep safe on work experience • Consider how to be street savvy - including women's safety • Review drugs and the law - linked to anti-social behaviour • Consider the personal and social consequences of knife crime • Know what to do in emergency situations (first aid) including water safety

*RSE parent/carers have a right to withdrawal see (RSE policy)

Year 11 PERSONAL DEVELOPMENT Curriculum Map

Term	Topic/Unit title	Essential knowledge and skills <i>(what students should know, understand and be able to do by the end of the unit/topic)</i>
Autumn 1	British values: Valuing self and my place within the Community.	● Review British values and then consider the impact of faith, culture, values on relationships ● Develop an understanding of what ‘freedom of expression’ means in terms of skills, values and responsibilities within relationships ● Consider the law on marriage, civil partnerships and rights ● Learn what the law states about rights and responsibilities in sexual relationships (RSE)* ● Know what the law states about contraception (RSE)* ● Define sexual assault, harassment and what to do about it ● Know what the definition of domestic abuse is and how to seek further support through signposting
Autumn 2	Living in the wider world: Careers and money matters	● Develop study plans for the PPEs linking to the Keswick School value of aspiration ● Sleep, rest and how to study: how to create balance when studying for exams ● Careers: Managing an online profile for future employment to keep safe online, protecting personal identity ● Careers: Applying for work and training: how to stand out in a good way ● Money matters: Learn about how to avoid financial exploitation
Spring 1	Healthy relationships (RSE)	● Explore structures of family and family life ● Consider as AI develops what relationship we will have with AI ● Learn about the impact of pornography on sexual

		relationships (RSE)* • Learn about arranged marriage and forced marriage being able to explain the difference • Know what 'victim - blaming' is and how to avoid it
Spring 2	Health and puberty: keeping safe	• Learn how to keep safe by having an awareness of substances, such as alcohol and drugs, that can lead to increased risk taking behaviour - linked to RSE* • Consider e.g. in social situations can someone ever be sure what they are taking in terms of alcohol and drug use • Learn about men's health and signs and symptoms of testicular/prostate cancer • Signposting to health services for further information and support
Summer 1	Health and well-being: mental health and well-being	• Emotional health and well-being: Coping strategies for examinations • Reflect on life changes such as change, loss and bereavement • Know that religions offer a guide to happiness through rules to live by such as the Middle Way in Buddhism (RPE) • Know that religions offer support strategies such as mindfulness/meditation to support their followers to challenge and change the perception of the world and how they interpret it (RPE)
Summer 2	Study leave	

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