



Personal Development (PD) Curriculum Year 9

What will I learn?

<p>Autumn 1 Health and well-being - keeping safe and organised Identify abusive behaviour and different types of bullying Define drugs and name some examples of Illegal drugs and how this related to the law Recreational drug use and consequences of this. Medicines and how to take medicines safety The impact of drugs on the community Personal and social consequences of gang and knife crime First Aid -Substance and emergency situations Signposting to support service</p>	<p>Autumn 2 Living in the wider world Personal Finance - and thinking about my career planning Financial debt, managing budgets and managing money worries: Being a young entrepreneur Careers Careers pathways; Different careers that are available to me and support services within school for further investigation about career paths; Working rights including part-time rights for future employment; Self-employment options in career paths</p>
<p>Spring 1 Building relationships Family diversity Positive and respectful intimate relationships (RSE) The nature of relationships over time (RSE) Sexual relationship (including consent) (RSE) Online relationships and online safety Negative consequences of pornography and sexting. Signposting</p>	<p>Spring 2 Health and puberty: sexual health Communication skills for intimate relationships (RSE) Contraception (RSE) STIs, signs and symptoms (RSE) Unintended pregnancy (RSE) FGM Signposting to support services</p>
<p>Summer 1 Health and well-being - keeping safe Mental and emotional well-being Factors that lead to isolation and mental health Managing peer approval Variety of support services for mental health issues Different things that affect mental health Importance of sleep and relaxation for good mental health Signposting</p>	<p>Summer 2 British values: Valuing self and my place within the Community. Diversity, including prejudice and bullying Challenging stereotypes Extremism Different communities such as the LGBTQ+ community and safeguarding Illegal employment and modern day slavery Signposting</p>

How will I receive feedback?

In PD we ask you to measure your starting point through the knowledge, skills and attributes checklist that is found in your PD exercise book. We then ask you, at the end of a unit of work, to record your progress on the student knowledge, skills and attributes check-list in your PD book.

In the PD lessons listening to feedback and making improvements and corrections to your work is really important. In most of your PD lessons your teacher will go through **correct answers** with the class or support you to develop your knowledge, skills and attributes. Your classmates might also **share ideas** with you about how your work could be improved. When this happens you should always make the suggested improvements to your work in **green pen**.

