

## Personal Development

### Key Stage 5

In Year 12 Personal Development students study the following topics:

- Study Skills to support learning and transition to Sixth Form
- Mental Health and well-being
- Online Safety, Media Literacy and Digital Resilience
- Personal Health and Well-being, including sexual health
- Managing Risks in relation to drugs and alcohol
- Body Image
- Personal Safety, including road traffic awareness and travelling
- Relationship values/friendships and beyond
- Consent
- First Aid
- Contraception and Parenthood
- Bullying, abuse and discrimination
- Celebration of Cultural Diversity
- Employment Rights and Responsibilities
- Finance and Financial Choices
- Choices and Pathways and Work and Careers (including UCAS support)