

Book sessions in your area now!

Visit <u>cumberland.gov.uk/holidays</u> to search the range of activities available.

- Bookings will work on a first-come-first served basis and places are limited.
- Some activity providers offer transport.
 Visit <u>cumberland.gov.uk/holidays</u> for full details.
- Dates are liable to change, please contact the activity provider for more information.

Who is it for?

The Holiday Activity Programme is aimed at all school-age children and young people (Reception-Year 6).

- Places are FREE for young people who receive benefits related
 Free School Meals and eligible children in particular circumstances.
 All children who attend will also be provided with a meal.
- Interested in any of the activities listed in this leaflet?
 Visit <u>cumberland.gov.uk/holidays</u> to book holiday activities now!
 Or use the booking information provided.

The HAF email for enquiries: HAF@Cumberland.gov.uk

- If you are not eligible for a free place many providers offer paid places please contact them to discuss your options.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session.







Aspatria Dreamscheme (St Mungo's Park, Aspatria)

Description: Good food and good fun with your friends during the summer holidays.

Age range: 6-16

Dates: 25th-27th July, 1st-3rd, 8th-10th, 15th-17th, 22nd-24th & 25th Aug (Celebration day)

Times: 11am-3pm

Booking information:
Call 016973 20893 or email
office@dreamscheme.club

Blencathra Field Studies (Blencathra Centre)

Description: Outdoor activities including bushcraft, mountain walks, ghyll scrambling, orienteering, practical conservation, and canoeing followed by a hot cooked lunch at the centre. Free transport available from Maryport, Workington, & Cockermouth.

Age range: 8-16

Dates: 24th-28th July, 31st July-4th

Aug, 7th-11th Aug
Times: 9.30am-2.15pm
Booking information:
Call 01768 779601 or email
enquiries.bl@field-studies-

council.org

Carnegie Theatre Trust (Carnegie Theatre, Workington)

Description: Carnegie Vacation Club provides a varied programme of Summer holiday activities for everyone aged 6-16. Meals included.

Age range: 6-16

Dates: Monday to Thursday 24th

July to 17th August
Times: 1pm-5pm
Booking information:
Call 01900 600704 or visit
www.carnegietheatre.co.uk/
youth-theatre/vacationclub/

The Endorphins Group (Moorclose Community Centre, Workington)

Description: Our inclusive programme will consist of enriching activities to develop positive health indicators and life skills. Meals included.

Age range: 8-16

Dates: 1st-4th, 8th-11th, 15th-18th

& 22nd-25th Aug
Times: 10am-2pm
Booking information:
Call 0330 1332642 or email
bookings@endorphins.uk

E.S.K.K Martial Arts (Cumbria Academy for Autism, Braithwaite Road, Workington)

Description: Martial arts, fitness, fun games and nutrition. Meal

included.

Age range: 6-11 Dates: 24th-26th July Times: 10am-2pm

Booking information: Call 077298

34944 or Email info@eskk.co.uk

The Football Fun Factory (Workington Leisure Centre)

Description: Unique Football Fun Camp with Giant Inflatable Goal, Target & Pitches, for all abilities! Meals included.

Age range: 5-12

Dates: 24th-28th July, 21st-25th

Aug

Times: 9am-3.30pm

Booking information: Email **Scott@thefootballfunfactory.**

co.uk or visit

www.thefootballfunfactory.co.uk

GLL The Wave Leisure Centre, Maryport

Description: Leisure and Multi-Sport activities including ClipnClimb, meals included.

Age range: 5-11

Dates: 24th, 25th, 26th & 31st July, 1st, 2nd, 7th-9th, 14th-16th & 21st-

23rd Aug

Times: 9am-1pm

Booking information: Email

clip.climb@gll.org

Keswick School (Vicarage Road)

Description: Summer school for current year 6 pupils transitioning

to year 7. Meals included.

Age range: 10-11

Dates: 29th, 30th & 31st Aug

Times: 9am-1:30pm Booking information: Via invite only. Email reception@

keswick.cumbria.sch.uk

NADT (The Market Hall, Wigton)

Description: Healthy happy holidays be more active, learn new skills, meet up with friends and make new ones, includes a tasty nutritious meal.

Age range: 8-16

Dates: 1st, 2nd, 8th, 9th, 15th, 16th,

22nd, 23rd, 29th & 30th Aug

Times: 10am-2pm

Booking information: Email: info@nadtcommunity.com or call

016973 44555

NADT (Silloth on Solway Community School)

Description: Healthy happy holidays be more active, learn new skills, meet up with friends and make new ones, includes a tasty nutritious meal.

Age range: 8-16

Dates: 21st, 28th July, 4th, 11th,

18th & 25th Aug Times: 5pm-9pm

Booking information: Email

info@nadtcommunity.com or call

016973 44555

Netherhall School

Description: A summer school providing sports activities, science activities, IT sessions, music sessions and art sessions to students joining Netherhall School's new year 7 in Autum 2023.

Age range: 10-11

Dates: 14th-25th Aug

Times: 10am-2.30pm

Booking information: Email

Office@netherhall.cumbria.

sch.uk for a booking

RV Projects (Rivendell, Stainburn Road, Workington)

Description: An introduction to DJing and Music Production for absolute beginners and experienced masters who want to develop their skills more, open to all levels.

Age range: 7-16

Dates: 24th-27th July, 29th-31st Aug

&1Sep

Times: 10am-2pm

Booking information: Email jonny@cosmosclub.events

Salterbeck Tenants and Residents (The Oval Centre, Workington)

Description: An 8 day program of nature themed, art, craft and physical activities. Meals included.

Age range: 5-16

Dates: 1st, 3rd, 8th, 10th, 15th, 17th,

29th & 31st Aug

Times: 10am-4pm (day trip times

may differ)

Booking information: Email salterbeckstar@gmail.com or call 074846 53696

South Workington Youth
Partnership (Moorclose
Community Centre, Workington)

Description: 4 weeks of

excitement, enjoying & learning about: Food, Sports, Drama & Out

and About Around Us.

Age range: 5-18

Dates: 24th – 27th July, 31st July – 3rd Aug, 8th - 11th

& 14th - 17th Aug Times: 10am-4pm

Booking information: Call 07713 864850 or Email swyp@hotmail.co.uk

St Joseph's Catholic High School, Workington

Description: A summer of sport, dance, drama, learning, fun, making friends, feeling safe and having a good time in a very safe and friendly environment.

Age range: 4-16

Dates: 24th-28th July, 31st July-4th Aug, 21st-25th. Aug,

29th Aug-1st Sep Times: 9am-3pm

Booking information: Call 07508 063430 or Email david.wise@sjchs.uk

St Joseph's Catholic High School, Workington

Description: A welcome programme for our new year 7 students to get to know each other and have some fun.

Age range: New year 7 pupils Dates: 29th Aug-1st Sep Times: 10am-2:30pm

Booking information: Email office@sichs.uk or call

01900 873290

Stepping Stones Day Nursery, Maryport

Description: Fun activities including baking, cooking, crafts, outings and games.

Meals included.

Age range: 5-11

Dates: 25th, 27th, 31st July, 1st, 2nd, 3rd, 7th, 8th, 15th, 17th, 23rd, 24th, 29th & 30th Aug,

4th & 5th Sep

Times: 9.30am-2.30pm Booking information: Call 01900 812773 or Email ctunstall01@aol.com

Workington Cricket Club (Earnest Valentine Ground, Buddle Road, Workington)

Description: Cricket and multi

skills activity camp. Meals included. **Age range:** 8-16

Dates: 25th July, 3rd, 8th,

17th & 22nd Aug Times: 10am-3pm

Booking information: Email **bookingwcc@outlook.com** to

request a booking

Workington Reds in the Community (Lakes College)

Description: Summer Football Camp with meals included.

Age range: 5-13

Dates: 24th - 28th July, 31st July - 4th Aug, 7th-11th, 14th - 18th, 21st

- 25th, 29th Aug - 1st Sep

Children can attend a maximum

of 16 dates.

Times: 10am-3pm

Booking information: Through

our website: https://

working to nred sin the community.

class4kids.co.uk/

cumberland.gov.uk