



Activities for 11-13s

Number 6, 02/06/2020

Activity 1: Sharing nude images

- Read the 'Send me a pic?' Thinkuknow article – www.thinkuknow.co.uk/11_13/need-advice/send-me-a-pic/.
- Here are three scenarios about young people who've been asked to send a nude:
 - J met someone in a game. They have been chatting online for a few weeks. Now that person has asked J for a nude. J does not want to.
 - R got a message from someone they don't know asking for a nude. R does not want to send one.
 - L has been going out with someone they really like for a few months. Now that person keeps asking them to send a nude.
- Write down some of the reasons why J, R and L may feel under pressure to send a nude, even when they don't feel comfortable doing it. Check to see if any of the reasons you identified match those listed in the 'Send me a pic?' article.
- Imagine J, R and L are your friends. Write down the advice that you would give to each of them.

Activity 2: Pressure to send nude images

- Read the chats between young people in relationships on the next page.
- Fold a sheet of paper down the middle. On one side, write down how you think N1 might be feeling after being pressured by BB to send an image. On the other side, write how J7 might be feeling after KS respected their choice to say no.
- Design a poster that could be shared with young people your age on social media about what to do if they're being pressured to send nude images. Include information about where they could go to for help (you'll find useful information in the 'Send me a pic?' article).

About Thinkuknow

Thinkuknow is the online safety education programme from the National Crime Agency. You'll find lots of support and advice for young people at www.thinkuknow.co.uk.

If you are worried or upset by anything that's happened online, talk to a trusted adult or call Childline on 0800 1111.

If you are concerned about sexual abuse or the way an adult has been communicating with you online, also talk to a trusted adult, or report to us at CEOP – www.ceop.police.uk.

Parents and carers: Once a fortnight, on Tuesdays, we will produce an activity sheet to help you support your child while schools are partially closed. There's also plenty of advice for parents and carers on keeping your child safe online at www.thinkuknow.co.uk/parents.



Activity 2: Pressure to send nude images

Chat extract 1

BB

🤔 Send me a little something

N1

Send what?

???

BB

A pic

Plz

N1

Of what?


BB

Of you 🤔

You know what I mean

N1

Err, here's me in my new trainers 🤔



BB

I think I deserve a bit more than that

Chat extract 2

About to shower

U?

KS

That's a nice thought 🤔

J7

Thanks 🤔

Thinking of u

KS

Missing u x

J7

Me too

Can't wait to see you tomorrow

KS

...would you send me a pic after your shower? 🤔

J7

Umm, I don't think so, sorry

KS

Haha ok cool. Don't worry about it!

Awkward!!