

# KS3: Sexual Harassment

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# What is sexual harassment?

- Sexual harassment is unwanted behaviour of a sexual nature; being touched inappropriately is probably the main reason you would happen to think of, however sexual harassment can be verbal, in fact it can be anything which is deemed to violate your dignity, degrade or humiliate you.
- You can be sexually harassed by someone older than you, someone your own age or even someone younger than you, sexual harassment can happen by all genders and ages, it is important not to stereotype the type of person who does this.

<https://www.youtube.com/watch?v=HKk-pbeW3ic>

**NO  
MEANS  
NO**

# What is sexual violence?

**Sexual violence** is when someone forces or manipulates someone else into unwanted sexual activity without their consent.

Anyone can experience violence including: children, teens, adults and elders.

**Forms of sexual violence:** rape, child sexual assault, unwanted sexual contact, sexual harassment, sexual exploitation

**Short term effects include:**

- Guilt/shame/self-blame
- Embarrassment
- Fear/ sadness
- Vulnerability

**Long term effects include:**

- Depression
- Anxiety
- Flashbacks/nightmares
- Sleep problems



# Appropriate and Inappropriate Language:

Inappropriate language can be used while:

- Swearing, talking about inappropriate things and/or make sexual comments, making inappropriate innuendos, discussing topics that are not typical of your age, using sensitive words in an insulting and/or joking manner, using racial/stereotypical/culturally insensitive words.

Appropriate language:

- Appropriate language is talking to someone using appropriate terms like compliments. You can do this without being disrespectful and objectifying.

# Differences between 'banter' and harassment:

If what you say causes upset or distress to someone, **this is not banter**.

Definition of banter: the playful and friendly exchange of teasing remarks.

"there was much good-natured banter"

The key word 'friendly' shows that it should be fun and not upsetting

Definition of Harassment:-Harassment is **unwanted behaviour which you find offensive or which makes you feel intimidated or humiliated**

**There is a very clear difference between the two**

Some questions to think about:

-Would you like it if it was said to you?

-Did what you say have playful intent?

-Has there been times you know that you were no longer having 'banter' and it had turned into something else?

-Was the banter intended to be playful?

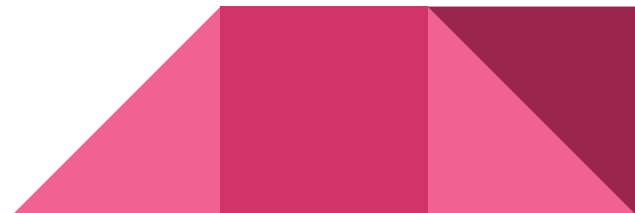


# How do you report any issues?

Reporting the issues: Speak to our Head of Safeguarding Miss Gibbin, but if you do not feel comfortable doing so, tell any member of the staff. All of them are required to do safeguarding training so that they can specifically deal with these issues.

**Disclaimer: the staff are required to report any serious issues so they can't keep what you decide to tell them a secret as it is in your best interest.**

You may also wish to tell the police or your family members, doing so they will be able to help you and ensure you get the assistance you need.



# Where to go for help?

Tips for people who you can talk to for help and support are:

- Try to go someone you feel comfortable talking about your issue with.
- As stated before all of our members of staff here are required to have safeguarding training so it doesn't have to be Miss Gibbin. If you don't feel comfortable it could be your form head or a favourite teacher.
- It is important to speak about your experiences but when you are ready, it could be good to try and first talk to them with friends and family.

There are also websites below to:

<https://www.victimsupport.org.uk/crime-info/types-crime/sexual-harassment/> -victim support.

<https://www.nhs.uk/live-well/sexual-health/help-after-rape-and-sexual-assault/> -NHS.

<https://www.mind.org.uk/information-support/guides-to-support-and-services/abuse/> -mind.